



Menu September 2009

Labor Day

Mon	Tue	Wed	Thu	Fri
<p>31 Cereal, toast, juice, milk Steak fingers, mashed potato & gravy, corn, hot rolls, dessert, milk</p>	<p>1 French Toast sticks, juice, milk Hot dogs, chili, cheese, onion, veggie beans, tossed salad, dessert, milk</p>	<p>2 Biscuits, gravy, sausage, juice, milk Stuffed baked potato, baby carrots w/ranch, hot rolls, dessert, milk</p>	<p>3 Rice, toast, juice, milk Enchiladas, refried beans, rice, tossed salad, dessert, milk</p>	<p>4 Muffins, juice, milk Burritos, chili, cheese, pinto beans, tossed salad, dessert, milk</p>
<p>7 Cereal, toast, juice, milk Chicken Nuggets mashed potatoes, cream gravy, sliced carrots, hot rolls, dessert, milk</p>	<p>8 Cinnamon Rolls, juice, milk Taco salad, seasoned corn, dessert, milk</p>	<p>9 Biscuits, gravy, sausage, juice, milk Pizza, seasoned corn, tossed salad, dessert, milk</p>	<p>10 Breaded Ham, Egg, & Cheese Pocket, juice, milk Baked Fish, mac and cheese, tossed salad, hot rolls, dessert, milk</p>	<p>11 Muffins, juice, milk Corn dogs, veggie beans, salad, dessert, milk</p>
<p>14 Cereal, toast, juice, milk Chicken fries, mashed potatoes & cream gravy, green beans, hot rolls, dessert, milk</p>	<p>15 French Toast sticks, sausage, juice, milk Chicken tetrazini, broccoli cuts, tossed salad, hot rolls, dessert, milk</p>	<p>16 Biscuits, gravy, sausage, juice, milk Beef tacos, lettuce, tomato, cheese, Spanish rice, dessert, milk</p>	<p>17 Oatmeal, toast, juice, milk Frito Pie, w\cheese, corn, tossed salad, dessert, milk</p>	<p>18 Muffins, juice, milk Super Rib sandwich, baked fries, lettuce, tomatoes, dessert, milk</p>
<p>21 Cereal, toast, juice, milk Teriyaki chicken, rice pilaf, mixed veggies, hot rolls, dessert, milk</p>	<p>22 Cinnamon Rolls, juice, milk Spaghetti w/meat sauce, tossed salad, green beans, bread sticks, dessert, milk</p>	<p>23 Biscuits, gravy, sausage, juice, milk Salisbury steak, mashed potatoes, & Gravy, corn, hot rolls, dessert, milk</p>	<p>24 Rice, toast, juice, milk Nachos Grande, lettuce, tomato, onion, cheese, jalapenos, dessert, milk</p>	<p>25 Muffins, juice, milk Hamburgers, chips, lettuce, tomatoes, onions, cheese, dessert, milk</p>
<p>28 Cereal, toast, juice, milk Chicken Pot Pie, broccoli cuts, tossed salad, hot rolls, dessert, milk</p>	<p>29 French Toast sticks, sausage, juice, milk Egg rolls, rice pilaf, oriental veggies, broccoli & carrots/ w ranch, dessert, milk</p>	<p>30 Biscuits, gravy, sausage, juice, milk Meat & bean Chalupas, Spanish rice, lettuce, tomato, cheese, sour cream, dessert, milk</p>	<p>Oct. 1 Breakfast Burrito Juice, Milk Chicken Patties mashed potatoes, cream gravy, sliced carrots, hot rolls, dessert, milk</p>	<p>Oct. 2 Muffins, juice, milk Submarine sandwich, lettuce, tomato, pickle, chips, chips, dessert, milk</p>