



Menu October 2011



Mon

Tue

Wed

Thu

Fri

<p>3 Cereal, toast, juice, milk Chicken nuggets, mashed potato & gravy, carrot coins, hot rolls, dessert, milk</p>	<p>4 French Toast, sausage, milk, juice Chicken fajitas, refried beans, corn, dessert, milk</p>	<p>5 Biscuits, gravy, sausage, juice, milk Egg rolls, rice pilaf, oriental veggies, dessert, milk</p>	<p>6 Breaded Ham, Egg, & Cheese Pocket, juice, milk Nachos grande, lettuce, tomato, sour cream, cheese, jalapenos, dessert, milk</p>	<p>7 Whole wheat cinnamon rolls, juice, milk Chicken patty sandwich, tater tots, beans, dessert, milk</p>
<p>10 Cereal, toast, juice, milk Steak Fingers, mashed potatoes, cream gravy, green beans, hot rolls, dessert, milk</p>	<p>11 Breakfast pizza, juice, milk Spaghetti, meat sauce, peas, tossed salad, texas toast, dessert, milk</p>	<p>12 Biscuits, gravy, sausage, juice, milk Sub sandwich, chips, baby carrots, ranch, lettuce, tomato, cheese dessert milk</p>	<p>13 Oatmeal , toast, juice, milk Crispy Tacos -Beef, lettuce, tomato, cheese, rice, beans, dessert, milk</p>	<p>14 Whole wheat cinnamon rolls, juice, milk Pizza, tossed salad, corn, dessert, milk</p>
<p>17 Cereal, toast, juice, milk Chicken sticks, mashed potatoes, cream gravy, peas, hot rolls, dessert, milk</p>	<p>18 French Toast, sausage, milk, juice Enchiladas, refried beans, tossed salad, dessert, milk</p>	<p>19 Biscuits, gravy, sausage, juice, milk Fish Portions, macaroni and cheese, tossed salad, dessert, milk</p>	<p>20 Breakfast Burrito Juice, Milk Corn dogs, beans, tossed salad, dessert, milk</p>	<p>21 No School</p>
<p>24 Cereal, toast, juice, milk Chicken patties , mashed potato & gravy, carrot coins, hot rolls, dessert, milk</p>	<p>25 Breakfast pizza, juice, milk Chicken Tetrazzini, broccoli cuts, tossed salad, hot rolls, dessert, milk</p>	<p>26 Biscuits, gravy, sausage, juice, milk Steak fingers, mashed potatoes & cream gravy, green beans, dessert, milk</p>	<p>27 Rice , toast, juice, milk Meat & bean Chalupas, Spanish rice, lettuce, tomato, cheese, jalapenos, sour cream, dessert, milk</p>	<p>28 Whole wheat cinnamon rolls, juice, milk Barbeque sandwich, chips, corn cobettes, dessert, milk</p>
<p>31 Cereal, toast, juice, milk Chicken nuggets, mashed potato & gravy, mixed veggies, hot rolls, dessert, milk</p>				