



Menu October 2010



Mon

Tue

Wed

Thu

Fri

				1 Muffins, juice, milk Chicken patty sandwich, chips, lettuce, tomatoes, pickle, baked fries, dessert, milk
4 Cereal, toast, juice, milk Steak fingers, mashed potato & gravy, carrot coins, hot rolls, dessert, milk	5 Cinnamon Rolls, juice, milk Chicken tetrazini, broccoli cuts, tossed salad, hot rolls, dessert, milk	6 Biscuits, gravy, sausage, juice, milk Pizza, seasoned corn, tossed salad, dessert, milk	7 Breaded Ham, Egg, & Cheese Pocket, juice, milk Enchiladas, refried beans, tossed salad, dessert, milk	8 Muffins, juice, milk Philly Steak sandwich w/cheese, baked fries, dessert, milk
11 Cereal, toast, juice, milk Chicken Nuggets mashed po- tatoes, cream gravy, peas, hot rolls, dessert, milk	12 French Toast sticks, sausage, juice, milk Stuffed baked potato, carrots w/ranch, hot rolls, dessert, milk	13 Biscuits, gravy, sausage, juice, milk Fajita Chicken over Rice, Broc- coli and Cheese, Hot rolls, des- sert, milk	14 Oatmeal , toast, juice, milk Soft Tacos -Beef, lettuce, to- mato, cheese, rice, beans, dessert, milk	15 Muffins, juice, milk Hamburgers w/cheese, baked fries, lettuce, tomatoes, onions, dessert, milk
18 Cereal, toast, juice, milk Chicken Patties mashed pota- toes, cream gravy, carrot coins, hot rolls, dessert, milk	19 Cinnamon Rolls, juice, milk Spaghetti w/meat sauce, tossed salad, green beans, bread sticks, dessert, milk	20 Biscuits, gravy, sausage, juice, milk Salisbury steak, mashed pota- toes, & Gravy, corn, hot rolls, dessert, milk	21 Breakfast Burrito Juice, Milk Nachos Grande, lettuce, to- mato, sour cream, cheese, jalapenos, dessert, milk	22 Muffins, juice, milk BBQ sandwich, baked chips, pickle spears, corn cobbetts, dessert, milk
25 Cereal, toast, juice, milk Chicken strips, mashed potato & gravy, green beans, hot rolls, dessert, milk	26 French Toast sticks, sausage, juice, milk Burritos, chili, cheese, tossed salad, dessert, milk	27 Biscuits, gravy, sausage, juice, milk Chicken fried steak, mashed potatoes & cream gravy, peas, hot rolls, dessert, milk	28 Rice , toast, juice, milk Meat & bean Chalupas, Span- ish rice, lettuce, tomato, cheese, jalapenos, sour cream, dessert, milk	29 Muffins, juice, milk Submarine sandwich, lettuce, tomato, cheese, baked chips, dessert, milk