



Menu October 2009



Mon

Tue

Wed

Thu

Fri

			1 Breakfast Burrito Juice, Milk Chicken Patties mashed potatoes, cream gravy, sliced carrots, hot rolls, dessert, milk	2 Muffins, juice, milk Submarine sandwich, lettuce, tomato, pickle, cheese, chips, dessert, milk
5 Cereal, toast, juice, milk Steak fingers, mashed potato & gravy, corn, hot rolls, dessert, milk	6 Cinnamon Rolls, juice, milk Burritos, chili, cheese, pinto beans, tossed salad, dessert, milk	7 Biscuits, gravy, sausage, juice, milk BBQ sandwich, baked chips, pickle spears, Ranch beans, dessert, milk	8 Oatmeal , toast, juice, milk Chicken fajitas, lettuce, tomatoes, onions, cheese, refried beans, seasoned corn, dessert, milk	9 Muffins, juice, milk Hamburgers, French fries, lettuce, tomatoes, onions, cheese, dessert, milk
12 Cereal, toast, juice, milk Chicken Nuggets mashed potatoes, cream gravy, carrots , hot rolls, dessert, milk	13 French Toast sticks, sausage, juice, milk Hot dogs, chili, cheese, onion, veggie beans, tossed salad, dessert, milk	14 Biscuits, gravy, sausage, juice, milk Taco salad, refried beans, dessert, milk	15 Breaded Ham, Egg, & Cheese Pocket, juice, milk Baked fish, macaroni & cheese, tossed salad, hot rolls, dessert, milk	16 Muffins, juice, milk Pizza, seasoned corn, tossed salad, dessert, milk
19 Cereal, toast, juice, milk Chicken fried steak, mashed potatoes & cream gravy, green beans, hot rolls, dessert, milk	20 Cinnamon Rolls, juice, milk Stuffed baked potato, carrots w/ranch, hot rolls, dessert, milk	21 Biscuits, gravy, sausage, juice, milk Hamburgers, baked beans, lettuce, tomatoes, onions, cheese, dessert, milk	22 Rice , toast, juice, milk Soft Tacos, lettuce, tomato, cheese, Spanish rice, refried beans, dessert, milk	23 Muffins, juice, milk Chicken patty sandwich, chips, lettuce, tomatoes, pickle, dessert, milk
26 Cereal, toast, juice, milk Teriyaki chicken, rice pilaf, mixed veggies, hot rolls, dessert, milk	27 French Toast sticks, sausage, juice, milk Spaghetti w/meat sauce, tossed salad, green beans, bread sticks, dessert, milk	28 Biscuits, gravy, sausage, juice, milk Salisbury steak, mashed potatoes, & Gravy, peas, hot rolls, dessert, milk	29 Breakfast Burrito Juice, Milk Nachos Grande, lettuce, tomato, onion, salsa, sour cream, cheese, jalapenos, dessert, milk	30 Muffins, juice, milk Corn dogs, veggie beans, salad, dessert, milk